

WEEKLY TIMETABLE – TO IDENTIFY PATTERNS OF TIME USE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
7am								7am
8								8
9								9
10								10
11								11
12								12
1pm								1pm
2								2
3								3
4								4
5								5
6								6
7								7
8								8
9								9
10								10
11								11
12								12